

Domestic Abuse Support Services

- **National Domestic Abuse Helpline** – A 24-hour helpline available on 0808 2000. The charity that runs the helpline, Refuge, also offers a range of resources on their website. <https://www.nationaldahelpline.org.uk>
- **Women's Aid** – Provide an online chat service. <https://www.womensaid.org.uk>
- **Men's Advice Line** – A helpline for male victims of domestic abuse available on 0808 801 0327. <https://mensadvice.org.uk>
- **Galop** – A national LGBT+ domestic abuse helpline available on 0800 999 5428. They can also be contacted by email on help@galop.org.uk.
- **Hestia** – Provide a free mobile application known as Bright Sky which provides support and information to anyone who may be in an abusive relationship. <https://www.hestia.org>
- **Chayn** – Provide online help and resources in a number of languages identifying manipulative situations. <https://chayn.co>
- **Sexual Assault Referral Centres** – Provide advice and support services to victims and survivors of sexual assault or abuse. This includes interviews, forensic examinations and sexual health and counselling services. <https://www.nhs.uk/service-search/other-services/Rape-and-sexual-assault-referral-centres/LocationSearch/364>
- **Karma Nirvana** – Provide a national honour-based abuse helpline on 0800 5999 247 or by email on support@karmanirvana.org.uk
- **Imkaan** – A women's organisation addressing violence against black and minority women and girls. <https://www.imkaan.org.uk>
- **Rising Sun** - Domestic violence and abuse service based in Canterbury. Provides a helpline on 01227 452852 Monday – Friday 9am - 5pm. www.risingsunkent.com
- **Southall Black Sisters** – Provide specialist support, advocacy and information to Asian and Afro-Caribbean women suffering abuse. <https://southallblacksisters.org.uk>
- **Stay Safe East** – Provide specialist and holistic advocacy and support services to disabled victims and survivors of abuse. <http://staysafe-east.org.uk>
- **SignHealth** – Provide support for deaf people in British Sign Language utilising WhatsApp or FaceTime on 07970 350366 or by telephone on 020 3947 2601. <https://signhealth.org.uk>
- **Surviving Economic Abuse** – Provide guidance and support. <https://survivingeconomicabuse.org>

(As at 18 June 2020)